



# Disability Equality Training (DET) Forum

What is disability?



Where is Disability?

Let's get started!



The 2030 Agenda for Sustainable Development and its 17 Sustainable Development Goals (SDGs) vows that “no one will be left behind” and acknowledge disability as a cross-cutting issue that affects all SDGs.

# What is "DET"

## Disability Equality Training: DET

DET's ultimate goal is to facilitate its participants become agents of change who work to make our society more inclusive and equitable for everyone. In other words, DET's overarching goal is to spread a Social Model of Disability, which can then be used to better understand on disability and eliminate them. In addition, DET bases all of its training on discovery learning.



1<sup>st</sup> Half

90 minutes



**Learn how to analyse disability in terms of discrimination, oppression, social exclusion, and limitations on participation by using the Social Model of Disability as a lens.**



By analysing this scenario, for instance, participants explore the key questions "What is Disability?" and "Where is Disability?". Participants in this activity will be facilitated in realising the many ways in which people with impairments are prevented from fully participating in society due to social and environmental barriers.



*Shortened version of training video is available on YouTube. (Japanese)*

2<sup>nd</sup> Half

90 minutes



**Create "my" steps toward an inclusive society for all.**



Truly realise society and community is the goal of this activity, in which participants create concrete steps toward that end. This means that changes to "my" environment, procedures, rules, and business models; and, providing equal opportunities and access, must be concrete and doable.

The DET facilitator will not propose a solution but will encourage and collaborate to build one by asking questions like "What are the causes?" "Who is responsible?" "How can we/you improve it?" etc.



**DET promotes the implementation of the United Nations (UN) Convention on the Rights of Persons with Disabilities (CRPD).**

# What is DET?

DET is a human rights education on disability that uses the **Social Model of Disability** to increase awareness of disability and encourages people to take positive steps to eliminate barriers that keep people with impairments from fully participating in society.



## Contents

### Social Model of Disability

The United Nations Convention on the Rights of People with Disabilities is based on the Social Model of Disability.

### Action Making

Action Making is a crucial element of DET. The purpose of DET is to facilitate participants in becoming agents of change by developing proactive activities on disability.

## Methods

### Discovery Learning

DET uses the Discovery Learning approach, which encourages active participation and self-discovery to change ways to understand disability. DET is different from lectures or seminars. DET encourages participation by all.

### DET Facilitators

All DET facilitators are the ones who have been experiencing disability in terms of discrimination and inequality; have a working knowledge of the Social Model of Disability as an analytical framework; and have facilitation skills to use Discovery Learning methodologies in DET.



## Social Model of Disability

As a model of disability, Social Model of Disability gives a logical explanation how disability is created and its nature.

It explains disability as a socially constructed discrimination, inequality, and exclusion against people with impairments.

The DET is based on the Social Model of Disability as its primary conceptual underpinning.

It challenges the ideas that are associated with ableism while also calling into question the concept of normalcy.

## Disability Equality Training (DET) Forum

DET Forum is a non-profit organization (NPO) registered in Japan. It is a global network of DET facilitators in more than 40 nations. DET Forum carries out DET and DET Facilitators Training.



## DET Implementation



DET is implemented by a wide range of organisations, from the United Nations (e.g., UNESCO and ESCAP) to government agencies and private businesses. For example, 80,000 volunteers for the Tokyo 2020 Olympic and Paralympic Games participated in DET on diversity and inclusion.

## DET Facilitator Training

Annually, DET Forum conducts DET Facilitator Training (FT) in English.

This online training includes of seven on-demand study modules, five live online schooling sessions, and a DET practice session (on-site at your local area).

Its contents consist of the followings:

- What is DET?
- Social Model of Disability
- Discovery Learning Methodologies (include Presentation & Facilitation skills)
- Making Plans for Action

On request, in-person DET FTs are also done. It is a two-week course (6 hours x 10 days).

## DET & Simulation Exercise

Simulation exercises, such as moving around in a wheelchair or being blindfolded, can give a glimpse into the functional challenges faced by people with impairments, but they don't fully capture the broader issues of inequality and discrimination. Focusing solely on these experiences can limit our understanding of disability to just within functional aspects, making it harder to recognise and address it as a human rights issue.



*Creating an inclusive society*

## Want to know more about DET?

Looking to deepen your understanding of DET?

Check out our collection of books and manuals, easily accessible by downloading them from the link provided or scanning the QR code:  
<https://detforum.com/resources-links/>



And for a visual perspective, be sure to watch our video clips showcasing DET in Lebanon, brought to you by Red Oak and UNESCO.  
<https://www.youtube.com/watch?v=v639wXDDINQ>



## ■ Contact

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